

KAPE - outdoor TOP TIEN - Scholieren meisjes - 31-10-2009

100 meter

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|----|-----------------------|--------------|----------------|-----------------|
| 1 | VERBIEST KAREN | 12"79 | OORDEGEM | 12-09-99 |
| 2 | DIERCKX VEERLE | 12"6 | MERKSEM | 08-06-96 |
| 3 | SELDESLACHTS ELLEN | 12"89 | MERKSEM | 23-05-99 |
| 4 | VAN WALLEENDAEL ELLEN | 12"8 | KAPELLEN | 24-05-01 |
| 5 | HIMPENS LIESSE | 13"13 | MERKSEM | 26-04-09 |
| 6 | DENIS KARINA | 13"1 | BEVEREN | 06-05-78 |
| | DE JONG ANKE | 13"1 | BORNEM | 07-05-95 |
| 8 | BONTE LAURA | 13"42 | LANAKEN | 06-05-06 |
| 9 | LOUVIAUX CARMEN | 13"53 | LIER | 29-04-07 |
| 10 | WILLEMEN VEERLE | 13"3 | BORNEM | 05-05-96 |

200 meter

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|----|-----------------------|--------------|-------------------|-----------------|
| 1 | VAN WALLEENDAEL ELLEN | 26"19 | LIER | 20-05-01 |
| 2 | SELDESLACHTS ELLEN | 26"32 | DILBEEK | 08-05-99 |
| 3 | HIMPENS LIESSE | 26"55 | BRASSCHAAT | 12-07-09 |
| 4 | DIERCKX VEERLE | 26"60 | MERKSEM | 08-06-96 |
| 5 | DENIS KARINA | 26"8 | KESSEL | 13-08-78 |
| 6 | HENDRICKX KIM | 27"37 | SINT-NIKLAAS | 17-08-96 |
| 7 | VERBIEST KAREN | 27"49 | MOL | 24-05-98 |
| 8 | STAELS VEERLE | 27"78 | BURCHT | 22-07-07 |
| 9 | VEESTRAETEN LIESBETH | 27"86 | AARTSELAAR | 29-05-93 |
| 10 | JACQUES CATHERINE | 27"88 | TESSENDERLO | 24-08-96 |

300 meter

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|----|-----------------------|-------|------------|----------|
| 1 | VAN WALLEENDAEL ELLEN | 42"07 | MECHELEN | 21-09-01 |
| 2 | HENDRICKX KIM | 43"28 | MERKSEM | 21-07-97 |
| 3 | SELDESLACHTS ELLEN | 43"56 | HERENTALS | 01-08-99 |
| 4 | VEESTRAETEN LIESBETH | 44"19 | WILLEBROEK | 21-05-94 |
| 5 | DIERCKX VEERLE | 45"05 | HEVERLEE | 24-04-96 |
| 6 | VERHAERT KLARA | 45"46 | AARTSELAAR | 04-06-93 |
| 7 | VAN MIERT KATRIEN | 45"74 | DUFFEL | 14-08-94 |
| 8 | DE JONG ANKE | 45"93 | WILLEBROEK | 21-05-94 |
| 9 | VANKEVELAER GWEN | 46"4 | ESSEN | 06-07-03 |
| 10 | GROFFEN KAREN | 46"7 | EKEREN | 16-05-96 |

400 meter

| | | | | |
|----|-----------------------|--------------|------------------|-----------------|
| 1 | DENIS KARINA | 57"83 | BRUSSEL | 04-09-78 |
| 2 | VAN WALLEENDAEL ELLEN | 59"32 | DUFFEL | 27-05-01 |
| 3 | HENDRICKX KIM | 59"69 | DUFFEL | 17-05-97 |
| 4 | VOLCKAERTS TESS | 61"94 | KAPELLEN | 26-04-08 |
| 5 | BULTHEEL MAITE | 62"30 | ROESELARE | 26-05-09 |
| 6 | STAELS VEERLE | 62"83 | BORNEM | 12-05-07 |
| 7 | VAN MIERT KATRIEN | 64"39 | MOL | 23-04-94 |
| 8 | DIERCKX VEERLE | 64"5 | KAPELLEN | 21-09-96 |
| 9 | VANKEVELAER GWEN | 64"82 | ALKEN | 15-05-04 |
| 10 | ROMBOUITS EVA | 65"33 | MERKSEM | 22-04-95 |

800 meter

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|----|-----------------------|---------|------------|----------|
| 1 | VERHAERT KLARA | 2'16"78 | BRUSSEL | 11-07-93 |
| 2 | DENIS KARINA | 2'19"9 | KONTICH | 29-09-78 |
| 3 | HENDRICKX KIM | 2'21"56 | DILBEEK | 07-07-96 |
| 4 | ANGUILLE GERALDINE | 2'24"5 | KAPELLEN | 12-05-94 |
| 5 | VAN WALLEENDAEL ELLEN | 2'24"65 | BRASSCHAAT | 20-07-01 |
| 6 | VOLCKAERTS TESS | 2'24"70 | MOL | 27-04-08 |
| 7 | CUYPERS KARIN | 2'29"4 | EDEGEM | 16-05-86 |
| 8 | DE SCHUTTER NANCY | 2'33"8 | ZELE | 04-06-89 |
| 9 | DIERCKX VEERLE | 2'34"71 | BURCHT | 17-09-95 |
| 10 | VEESTRAETEN LIESBETH | 2'35"07 | DILBEEK | 18-07-93 |

1000 meter

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|---|---------------------|---------|----------|----------|
| 1 | VERHAERT KLARA | 2'59"1 | EDEGEM | 18-06-93 |
| 2 | ANGUILLE GERALDINE | 3'02"74 | LOMMEL | 10-07-94 |
| 3 | DENIS KARINA | 3'15"2 | DUFFEL | 20-05-78 |
| 4 | VAN WALLEENDAEL KIM | 3'18"6 | KAPELLEN | 29-05-03 |
| 5 | GOFFA ELKE | 3'27"7 | BEVEREN | 26-09-97 |
| 6 | VANKEVELAER GWEN | 3'38"0 | KAPELLEN | 29-05-03 |
| 7 | D'HOOGE VICKY | 3'41"3 | KAPELLEN | 20-05-02 |
| 8 | VANDAEL AUDRIE | 3'43"66 | EDEGEM | 09-09-05 |

1500 meter

| | | | | |
|----|-----------------------|---------|-------------|----------|
| 1 | VERHAERT KLARA | 4'53"9 | HEVERLEE | 02-08-92 |
| 2 | ANGUILLE GERALDINE | 4'59"1 | BORNEM | 08-05-94 |
| 3 | DE SCHUTTER NANCY | 4'59"4 | WILLEBROEK | 20-09-89 |
| 4 | VAN WALLEENDAEL KIM | 5'04"26 | DILBEEK | 10-05-03 |
| 5 | VOLCKAERTS TESS | 5'09"07 | VILVOORDE | 03-05-08 |
| 6 | DE PROOST ELLEN | 5'11"84 | MERKSEM | 22-04-95 |
| 7 | VAN WALLEENDAEL ELLEN | 5'16"0 | KAPELLEN | 18-08-01 |
| 8 | PEETERMANS SANDRA | 5'16"3 | BRUSSEL | -83 |
| 9 | CUYPERS KARIN | 5'20"1 | TESSENDERLO | 30-07-87 |
| 10 | SMEULDERS ANNEMIE | 5'33"95 | WILLEBROEK | 27-05-89 |

1 mijl

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|---|---------------------|---------|-----------|----------|
| 1 | VAN WALLEENDAEL KIM | 5'49"43 | WESPELAAR | 17-09-03 |
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3000 meter

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|----|---------------------|----------|------------|----------|
| 1 | DE SCHUTTER NANCY | 10'22"37 | AARTSELAAR | 26-05-90 |
| 2 | ANGUILLE GERALDINE | 10'39"9 | WESPELAAR | 13-05-94 |
| 3 | VERHAERT KLARA | 10'44"21 | OORDEGEM | 13-09-92 |
| 4 | VAN WALLEENDAEL KIM | 10'57"41 | MOL | 17-05-03 |
| 5 | DE PROOST ELLEN | 11'26"6 | WESPELAAR | 12-05-95 |
| 6 | CUYPERS KARIN | 11'45"6 | HECHTEL | 24-06-86 |
| 7 | PEETERMANS SANDRA | 12'16"3 | MERKSEM | 22-07-84 |
| 8 | MICHIELS MARTINE | 13'32"3 | KAPELLEN | 23-09-84 |
| 9 | D'HOOGE VICKY | 13'49"41 | MOL | 28-04-02 |
| 10 | VANDAEL AUDRIE | 14'04"48 | ALKEN | 08-05-05 |

100 meter horden (76 cm)

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|---|----------------|-------|----------|----------|
| 1 | DIERCKX VEERLE | 15"05 | HEVERLEE | 07-09-96 |
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|----|----------------------|-------|------------|----------|
| 2 | VAN WALLENDael ELLEN | 15"48 | ZUNDERT | 30-09-01 |
| 3 | HENDRICKX KIM | 15"59 | HERENTALS | 31-05-97 |
| 4 | DIERCKX KAREN | 16"01 | DUFFEL | 23-05-98 |
| 5 | DE BUS SOFIE | 16"09 | DUFFEL | 28-04-90 |
| 6 | VEESTRAETEN LIESBETH | 16"31 | AARTSELAAR | 29-05-93 |
| 7 | STAELS VEERLE | 16"57 | BEVEREN | 02-06-07 |
| 8 | BARDYN LIESBETH | 16"95 | HERENTALS | 28-05-05 |
| 9 | BARDYN ZARAH | 17"02 | HERENTALS | 28-05-05 |
| 10 | RAETS JESSY | 18"16 | AARTSELAAR | 29-05-93 |

200 meter horden (76 cm)

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|---|---------------|-------|----------|----------|
| 1 | STAELS VEERLE | 31"07 | KAPellen | 12-08-07 |
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300 meter horden (76 cm)

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|---|----------------------|-------|------------|----------|
| 1 | HENDRICKX KIM | 47"45 | OORDEGEM | 13-09-97 |
| 2 | VEESTRAETEN LIESBETH | 49"57 | MERKSEM | 02-05-93 |
| 3 | DIERCKX KAREN | 50"28 | BURCHT | 03-08-97 |
| 4 | WILLEMEN VEERLE | 50"62 | HERENTALS | 11-08-95 |
| 5 | SIX CAROLINE | 51"15 | AARTSELAAR | 27-07-96 |
| 6 | GROFFEN KAREN | 57"30 | MERKSEM | 22-04-95 |

400 meter horden (76 cm)

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|---|----------------------|-------|----------|----------|
| 1 | VAN WALLENDael ELLEN | 63"28 | OORDEGEM | 08-09-02 |
| 2 | STAELS VEERLE | 66"90 | NINOVE | 11-07-07 |
| 3 | BONTE LAURA | 72"70 | DUFFEL | 14-05-05 |
| 4 | SELDESLACHTS ELLEN | 72"71 | BURCHT | 08-08-99 |
| 5 | SIX KIMBERLY | 87"87 | DILBEEK | 08-05-99 |

2000 m steeple

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|---|--------------------|---------|--------|----------|
| 1 | VAN WALLENDael KIM | 7'29"61 | NIJVEL | 07-09-03 |
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verspringen

| | | | | |
|----|----------------------|------|------------|----------|
| 1 | VAN WALLENDael ELLEN | 5m38 | KAPellen | 24-05-01 |
| 2 | VERBIEST KAREN | 5m35 | STABROEK | 21-05-98 |
| 3 | VEESTRAETEN LIESBETH | 5m31 | MERKSEM | 02-05-93 |
| 4 | DIERCKX KAREN | 5m17 | ESSEN | 12-10-97 |
| 5 | DIERCKX VEERLE | 5m12 | DIEPENBEEK | 13-10-96 |
| 6 | HENDRICKX KIM | 5m08 | HERENTALS | 26-05-96 |
| 7 | SELDESLACHTS ELLEN | 5m01 | STABROEK | 28-08-99 |
| 8 | GROFFEN KAREN | 4m97 | MERKSEM | 21-07-96 |
| | WILLEMEN VEERLE | 4m95 | HERENTALS | 12-07-96 |
| 10 | BARDYN ZARAH | 4m90 | BURCHT | 21-07-05 |

hoogspringen

| | | | | |
|---|-----------------|------|-----------|----------|
| 1 | DIERCKX KAREN | 1m55 | HERENTALS | 24-05-97 |
| | HENDRICKX KIM | 1m55 | HERENTALS | 24-05-97 |
| | DECKERS ILIA | 1m55 | TURNHOUT | 30-05-99 |
| 4 | DIERCKX VEERLE | 1m54 | HERENTALS | 25-05-96 |
| | BARDYN LIESBETH | 1m54 | HERENTALS | 28-05-05 |
| 6 | DE BUS SOFIE | 1m50 | DUFFEL | 28-04-90 |

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|---|-------------------|------|-------------|----------|
| | BARDYN ZARAH | 1m50 | ALKEN | 08-05-05 |
| 8 | RAETS JESSY | 1m46 | AARTSELAAR | 29-05-93 |
| 9 | VAN MIERT KATRIEN | 1m45 | MOL | 23-04-94 |
| | WILLEMEN VEERLE | 1m45 | TESSENDERLO | 24-08-96 |

hinkstapspringen

| | | | | |
|----|----------------------|-------|------------|----------|
| 1 | WILLEMEN VEERLE | 11m63 | HERENTALS | 13-09-96 |
| 2 | VERBIEST KAREN | 11m40 | BURCHT | 29-05-99 |
| 3 | VEESTRAETEN LIESBETH | 10m83 | DUFFEL | 27-08-94 |
| 4 | DIERCKX KAREN | 10m82 | DUFFEL | 23-05-98 |
| 5 | SIX KIMBERLY | 10m39 | DUFFEL | 23-05-98 |
| 6 | GROFFEN KAREN | 10m26 | DIEPENBEEK | 11-05-96 |
| 7 | BARDYN ZARAH | 10m22 | HERENTALS | 22-07-05 |
| 8 | BARDYN LIESBETH | 10m20 | BRASSCHAAT | 30-04-05 |
| 9 | DIERCKX VEERLE | 9m93 | STABROEK | 05-06-95 |
| 10 | DECKERS ILIA | 9m77 | LIER | 02-05-99 |

polsstokspringen

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|---|-----------------|------|-----------|----------|
| 1 | WILLEMEN VEERLE | 1m90 | ANTWERPEN | 24-05-95 |
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kogelstoten (3 kg)

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|---|---------------------|-------|--------------|----------|
| 1 | HENDRICKX KIM | 13m66 | SINT-NIKLAAS | 17-08-96 |
| 2 | SOUVEREYNS GREET | 13m20 | TESSENDERLO | 09-05-98 |
| 3 | DIERCKX VEERLE | 11m95 | BRASSCHAAT | 18-07-96 |
| 4 | DE GROOTE CHARLOTTE | 10m90 | AARTSELAAR | 27-05-95 |
| 5 | SAUVILLER AN | 10m75 | STABROEK | 05-06-95 |

kogelstoten (4 kg)

| | | | | |
|---|-------------------|-------|----------|----------|
| 1 | SOUVEREYNS GREET | 11m53 | TURNHOUT | 30-05-99 |
| 2 | HENDRICKX KIM | 11m51 | DUFFEL | 17-05-99 |
| 3 | DENIS MONIQUE | 11m43 | KAPELLEN | 02-10-83 |
| 4 | RICHTER SARAYA | 10m87 | MOL | 27-04-08 |
| 5 | VANDER AVERT VERA | 10m36 | NAIMETTE | 09-09-89 |

discus (1 kg)

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|----|-------------------|-------|----------|----------|
| 1 | SOUVEREYNS GREET | 38m10 | MERKSEM | 26-09-99 |
| 2 | DENIS MONIQUE | 35m94 | HASSELT | 24-09-83 |
| 3 | HENDRICKX KIM | 32m40 | KAPELLEN | 22-06-97 |
| 4 | RICHTER SARAYA | 31m46 | MERKSEM | 27-04-09 |
| 5 | VANDER AVERT VERA | 30m58 | MELLE | 19-08-89 |
| 6 | POPPE WENDY | 30m42 | MERKSEM | 20-04-91 |
| 7 | SAUVILLER AN | 28m08 | KAPELLEN | 23-09-95 |
| 8 | SIX KIMBERLY | 25m74 | KAPELLEN | 12-09-98 |
| 9 | DIERCKX VEERLE | 23m74 | ESSEN | 17-04-95 |
| 10 | BARDYN LIESBETH | 23m12 | BEVEREN | 21-05-05 |

speerwerpen (600 gram)

| | | | | |
|---|------------------|-------|----------|----------|
| 1 | HENDRICKX KIM | 43m62 | BOECHOUT | 31-08-97 |
| 2 | PINTENS NATHALIE | 38m38 | ALKEN | 04-05-03 |
| 3 | VANKEVELAER NELE | 32m09 | KAPELLEN | 23-09-06 |

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|----|-------------------|-------|------------|----------|
| 4 | BARDYN LIESBETH | 31m51 | BRASSCHAAT | 30-04-05 |
| 5 | DIERCKX VEERLE | 29m60 | BOECHOUT | 01-09-96 |
| 6 | JACQUES CATHERINE | 29m12 | BORNEM | 05-05-96 |
| 7 | RICHTER SARAYA | 29m10 | ANDERLECHT | 11-10-09 |
| 8 | DIERCKX KAREN | 27m66 | MERKSEM | 21-07-97 |
| 9 | SOUVEREYNS GREET | 27m09 | STABROEK | 21-05-98 |
| 10 | STAELS VEERLE | 26m96 | KAPellen | 12-08-07 |

hamerslingeren (3kg)

| | | | | | |
|---|----------------|-------|--------------|----------|-------|
| 1 | RICHTER SARAYA | 18m68 | SINT-NIKLAAS | 31-10-09 | (4kg) |
| 2 | DIERCKX VEERLE | 18m44 | EEKLO | 15-04-95 | |
| 3 | GROFFEN KAREN | 17m16 | EEKLO | 15-04-95 | |
| 4 | DIERCKX KAREN | 14m36 | DEURNE | 14-06-97 | |

klassieke meerkamp

| | | | | | |
|---|----------------------|---------|------------|-------------|--------|
| | | | | | kogel |
| 1 | HENDRICKX KIM | 4846 p | HERENTALS | 24/25-05-97 | (3 kg) |
| 2 | DIERCKX VEERLE | 4445 p | HERENTALS | 25/26-05-96 | (3 kg) |
| 3 | DIERCKX KAREN | 3749 p | HERVE | 26/27-07-97 | (3 kg) |
| 4 | VEESTRAETEN LIESBETH | 3722 p | AARTSELAAR | 29/30-05-93 | (3 kg) |
| 5 | BARDYN LIESBETH | 3658 p | HERENTALS | 28/29-05-05 | (4 kg) |
| 6 | WILLEMEN VEERLE | 3012 p | HERENTALS | 25/26-05-96 | (3 kg) |
| 7 | GROFFEN KAREN | 2967 p | HERENTALS | 25/26-05-96 | (3 kg) |
| 8 | SIX CAROLINE | 2747 p | DILBEEK | 06/07-07-96 | (3 kg) |
| 9 | RAETS JESSY | 2683 p. | AARTSELAAR | 29/30-05-93 | (3 kg) |

vijfkamp

| | | | | |
|---|-----------------|--------|------------|----------|
| 1 | HENDRICKX KIM | 3202 p | WILLEBROEK | 05-10-97 |
| 2 | DIERCKX VEERLE | 2615 p | ESSEN | 17-05-95 |
| 3 | BARDYN LIESBETH | 2550 p | ALKEN | 21-07-04 |
| 4 | WILLEMEN VEERLE | 1719 p | ESSEN | 17-05-95 |
| 5 | GROFFEN KAREN | 1676 p | ESSEN | 17-05-95 |
| 6 | SIX CAROLINE | 1565 p | WILLEBROEK | 05-10-97 |

4 x 100 meter

| | | | | |
|---|---|-------|-----------|----------|
| 1 | WILLEMEN VEERLE GROFFEN KAREN HENDRICKX KIM DIERCKX VEERLE | 51"29 | HERENTALS | 12-07-96 |
|---|---|-------|-----------|----------|

4 x 800 meter

| | | | | |
|---|--|----------|-----------|----------|
| 1 | DIERCKX KAREN SAUVILLER VERONIQUE VAN WAUWE LIESBETH SOUVEREYNS GREET | 11'03"10 | HERENTALS | 26-08-98 |
|---|--|----------|-----------|----------|